R3x Recumbent Cycle

MATRIX

Simple LED Console Display
Easy-to-navigate LED console clearly displays vital workout information

Ergo Form™ seat
Ergo Form seat and back enhance user comfort and support

Step thru
Step thru entry for easy access

FEATURES	
Contact & telemetric HR sensors	Yes
Handlebar design	Seat side and front horizontal ergo bend
Thumb switch controls	Yes

DRIVE SYSTEM	
Technology	Brushless Generator
Power requirements	Self-powered/120v/60Hz AC Power Option
Minimum watts	2 Powered / 13 Self Powered
Minimum RPM	10 Powered / 25 Self-Powered
Resistance levels	25

CONSOLE	
Display type	14-seg alphanumeric, 8x16 LED graphic display
Display feedback	Time, distance (kilometers or miles), calories, speed, heart rate, METs, watts, RPM, profile
User-defined multi-language display	o - Accessible through Manager Menu: English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish
Workouts	Manual, rolling, intervals, fat burn, random, fit test, target HR, constant watts
CSAFE, FitLinxx ready	Yes
Netpulse Compatible	Yes
On-the-fly program change	Yes
Fit Touch Technology™	No
Pause function	Yes
Instant On Technology	Yes
Integrated Vista Clear™ digital ready television	No
Virtual Active™ compatible	No
Asset Management compatible	No
FITCONNEXION™ ready	Yes
WiFi	No
iPod® compatible	No
Nike + iPod compatible	No
USB Workout Tracking	Yes
Personal fan	No

TECH SPECS	
Overall dimensions	63.2" x 28.8" x 53.3" / 1605 mm x 732 mm x 1353 mm
Crank design	Single piece
Maximum user weight	400lbs / 182kg
Weight	167lbs / 76kg
Shipping weight	203lbs / 92.5kg

WARRANTY	
Frame	7 years
Drive motor	7 years
Parts & labor	3 years CAP

"Made for iPod" means that an electronic accessory has been designed to connect specifically to iPod and has been certified by the developer to meet Apple performance standards.
Apple is not responsible for the operation of this device or its compliance with safety and regulatory standards.
iPod is a trademark of Apple Inc., registered in the U.S. and other countries.

Ergo Form™ Seats
Our seats encourage proper body alignment and support.

Johnson Drive
Maintenance-free drive requires no power and carries a 5-year warranty.