

Converging AxisFor natural pressing motion.



Weight plate increments

Shipping weight

Usage tracking

Rep counter power supply

Rep counter battery life

Incremental weight system

Reclined Seat Position
For better posture & comfort.



FRAME AND CABLES	s		
Frame finish	Proprietary two-coat powder process		
Cable transmission	Internally lubricated cables and fittings		
Machine anchoring	Independent machine hold down bracket		
WEIGHT STACK			
Consistent 52" stack height	Yes		
Weight stack guarding	Full front and rear shields		
Total stack weight	240 lbs		

10 lbs

2.5 lbs, 5 lbs, 7.5 lbs

USER AMENITIES	
Front placards	Muscle call outs, machine specific stretching, start and finish exercise illustrations, proper machine adjustment and adjustment point call outs
Rear placards	Color coded machine identification
Placard color coding	Yellow (upper body)
Personal storage	Dual size bottle holder, tactile storage mat and towel holder
Contoured seating	Yes
Rep counter	Electronic counter displays reps, exercise time and rest time
Action Specific Grips™	Yes

ADJUSTMENTS	
Color coded pivots and points of adjustment	Yes
Machine assisted user adjustment	Spring assisted seat
User adjustment range	7 position seat
TECH SPECS	
Overall dimensions	63"L X 57"W x 52"H
Weight	827 lhs

870 lbs

2 AA batteries

Approximately 3 years

Monitors total repetitions and hours of use

/ARRANTY	
Frame (not coatings)	10 years
Structural parts	10 years
Weight stacks	5 years
Pulleys	5 years
Pivot bearings	5 years
Other/not specified	3 years
Labor	3 years
Springs/grips/upholstery	1 year
Accessories	6 months



Incremental Weights

Incremental weights are easily accessible from the seater position. Numeric selection allows users easy reference for future use.



Electronic Rep Counter

Integrated system tracks repetitions, activity time, and restime for a simplified workout experience.



Exercise Placards

Conveniently located and easy to read exercise placards offer a quick reference to targeted muscle groups and proper machine use. Placards offer color references to easily identify muscle-group categories.



Action Specific Grips™

Ergonomically designed, function specific handles reduce stress on contact points to enhance user comfort.