

- Designed for training efficiency
- Includes 2 sets of integrated foldaway spotter stands, adjustable safety bars, dual-grip chin bars, bar storage, band storage and weight storage
- 3 retractable lower band pegs on each side per half rack (12 total)
- Available without integrated foldaway spotter stands (MG-MR691N)
- Product Weight = 614 kg / 1355 lbs.
- Overall Dimensions (L x W x H) = 317.5 x 203 x 246 cm / 125" x 80" x 97"



**DIP BARS – OPT3**

Product Weight: 16 kg / 35 lbs.

Overall Dimensions (L x W x H): 89 x 5 x 25 cm / 35" x 2" x 10"

- Used on any Half Rack for body-weight dips
- Available only in Ridge Black

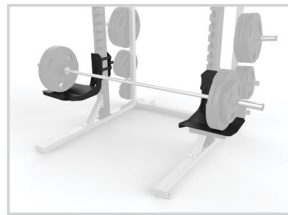


**SQUAT HANDLES – OPT6**

Product Weight: 8 kg / 16 lbs.

Overall Dimensions (L x W x H): 23 x 23 x 13 cm / 9" x 9" x 5"

- Squat handles can be set at any height on all rack uprights
- Available only in Ridge Black



**TECHNIQUE SCOOPS – OPT8**

Product Weight: 39 kg / 86 lbs.

Overall Dimensions (L x W x H): 66 x 41 x 38 cm / 26" x 16" x 15"

- Large cradles accept bumper plates to assist with Olympic lifts and customized takeoff heights
- Available only in Ridge Black



**CUSTOM PLATFORM LOGO – OPT10**

Product Weight: N/A

Overall Dimensions (L x W x H): N/A

- Display your facility logo proudly with this option



**PLATFORM RAMP – MOPT11**

Product Weight: 23 kg / 50 lbs.

Overall Dimensions (L x W x H): 204 x 22 x 9 cm / 80" x 8.5" x 3.5"

- Ramp allows for gradual incline to the MEGA Double Half Rack platform
- Replaces standard platform framework
- Available only in Ridge Black



**LAND MINE ATTACHMENT – MOPT13**

Product Weight: 8 kg / 16 lbs.

Overall Dimensions (L x W x H): 66 x 21 x 13 cm / 26" x 8" x 5"

- Attaches to any MEGA Double Half Rack for rotational training (bar not included)
- Available only in Ridge Black



**NAMEPLATE – UNIVERSAL MOUNT – OPT14U**

Product Weight: 2 kg / 5 lbs.

Overall Dimensions (L x W x H): 102 x 1 x 20 cm / 40" x .25" x 8"

- Display your logo proudly above your MEGA Double Half Rack
- Same as frame color



**CORE HANDLE – OPT16**

Product Weight: 5 kg / 10 lbs.

Overall Dimensions (L x W x H): 48 x 79 x 5 cm / 19" x 31" x 2"

- Used with an Olympic bar and Land Mine Attachment for added training variety
- Available only in Ridge Black



**JAMMIN ARMS – OPT17**

Product Weight: 49 kg / 108 lbs.

Overall Dimensions (L x W x H): 94 x 53 x 94 cm / 37" x 21" x 37"

- Angled pressing arms can be placed at 13 different heights for added training variety
- Available in standard colors

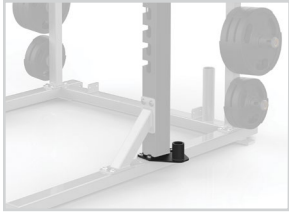


**JAMMIN ARMS W/BAND ATTACHMENT – OPT17B**

Product Weight: 52 kg / 114 lbs.

Overall Dimensions (L x W x H): 107 x 56 x 97 cm / 42" x 22" x 38"

- Angled pressing arms with band attachments for added training variety with speed and resistance
- Available in standard colors



**SAFETY ARM STORAGE (PAIR) – OPT22**

**Product Weight:** 2 kg / 4 lbs.

**Overall Dimensions (L x W x H):** 23 x 21 x 9 cm / 9" x 8" x 3.5"

- Bolt-on storage for safety arms provides easy access to arms when not in use
- Available only in Ridge Black

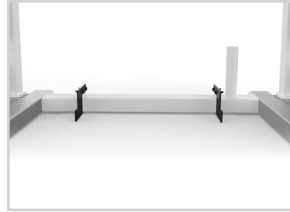


**FAT BAR J-HOOKS – OPT26**

**Product Weight:** 16 kg / 35 lbs.

**Overall Dimensions (L x W x H):** 47 x 18 x 34 cm / 19" x 4" x 13"

- Made of high-density polyethylene (HDPE) to protect bar knurling
- Oversized hooks accommodate large-diameter Olympic bars
- Available only in Ridge Black



**MEGA RACK DOCKING KIT W/O PLATFORM – MOPT29**

**Product Weight:** 3 kg / 5 lbs.

**Overall Dimensions (L x W x H):** 26 x 3 x 14 cm / 10" x 1" x 5.5"

- Connects MG-A695 and VY-D695 Horizontal Adjustment Benches directly to rack without a platform
- Available only in Ridge Black

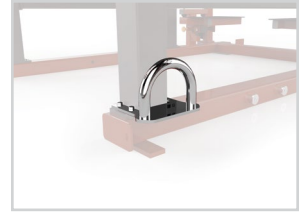


**MEGA RACK DOCKING KIT W/PLATFORM – MOPT29P**

**Product Weight:** 2 kg / 3 lbs.

**Overall Dimensions (L x W x H):** 26 x 3 x 6 cm / 10" x 1" x 2"

- Connects MG-A695 and VY-D695 Horizontal Adjustment Benches directly to rack when using a platform
- Available only in Ridge Black



**MEGA RACK BATTLE ROPE ATTACHMENT – MOPT31**

**Product Weight:** 4 kg / 7 lbs.

**Overall Dimensions (L x W x H):** 18 x 23 x 17 cm / 7" x 9" x 7"

- For rope training as an anchor point on any version of our MEGA Double Half Racks
- Available only in Chrome



**BUMPER PLATE STORAGE – OPT38M**

**Product Weight:** 44 kg / 97 lbs.

**Overall Dimensions (L x W x H):** 33 x 98 x 228 cm / 13" x 39" x 90"

- Weight horn spacing set to accommodate bumper plates
- Replaces standard equipment
- Color: same as frame choice, standard colors



**MEGA RACK DUAL OLYMPIC BAR STORAGE – MOPT41**

**Product Weight:** 21.8 kg / 48 lbs.

**Overall Dimensions (L x W x H):** 18 x 110 x 33 cm / 7" x 43" x 13"

- Vertical Olympic bar storage
- Replaces standard equipment
- Same as frame color



**MEGA PLATFORM W/HARDWOOD INSERT – MR691P**

**Product Weight:** 248 kg / 545 lbs.

**Overall Dimensions (L x W x H):** 328 x 254 x 8 cm / 129" x 100" x 3"

- Durable rubber training surface to absorb impact, dampen noise and protect flooring during Olympic lifts
- Hardwood center insert provides optimum foot grip and stability during explosive Olympic lifts



**MEGA SOLID RUBBER SURFACE PLATFORM – MRP9091**

**Product Weight:** 266 kg / 585 lbs.

**Overall Dimensions (L x W x H):** 328 x 254 x 8 cm / 129" x 100" x 3"

- Durable rubber training surface to absorb impact, dampen noise and protect flooring during Olympic lifts