

**FitTouch™ Technology**

Our 38-cm / 15-inch, integrated LCD screen features FitTouch, an intuitive touchscreen interface that inspires users of all levels.

**Vista Clear™****Television Technology**

Our Vista Clear™ Television Technology delivers the most crisp and vibrant digital display available.

Nike + iPod

Nike + iPod® for the Gym

Nike + iPod® allows users to save their workouts to their iPod and post them to nikeplus.com.

**FEATURES**

| | |
|-------------------------|--------------------------|
| Contact & Telemetric HR | Yes |
| Handlebar Design | Front vertical ergo bend |
| Integrated Arm Rests | Yes |
| Remote Buttons | Yes |
| Bottle Holder | Yes |
| Ethernet Port | Yes |

CONSOLE

| | |
|---|--|
| Display Type | 38 cm / 15" touchscreen LCD |
| Display Feedback | Time, Distance (Kilometers or Miles), Calories, Calories per Hour, Level, Speed, RPM, Heart Rate, METS, Watts, Dynamic Profile Display, Static Profile Display |
| User-defined multi-language display | Yes - English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic |
| Resistance Range | 1 - 30 |
| Workouts | Manual, Rolling Hills, Target HR, Interval Training, Constant Watts, Fat Burn, Fitness Test, Random |
| CSAFE Ready - FitLinxx™ Certified | Yes |
| Netpulse Compatible | Yes |
| FitTouch™ Technology | Yes |
| Instant On Technology | Yes |
| One-button Start | Yes |
| On-the-fly Program Change | Yes |
| Integrated Vista Clear™ Television Technology | Yes |
| FITCONNEXION™ Ready | No |
| WiFi | Yes |
| Multimedia Playback | No |
| iPod® Compatible | Yes |
| Nike + iPod® Compatible | Yes |
| Personal Fan | Yes |
| USB Port | Yes |
| Virtual Active™ Compatible | Yes |
| Asset Management Compatible | Yes |
| Web Connectivity | No |
| Facility Communication Portal / Calendar | No |
| Pause Function | Yes |
| Reading Rack | Yes |

RESISTANCE SYSTEM

| | |
|-------------------|---------------------|
| Resistance System | Brushless generator |
|-------------------|---------------------|

TECH SPECS

| | |
|----------------------|---|
| Crank Design | Three piece with forged arms |
| Power Requirements | Self-powered / powered 100v-240v - 50/60Hz AC |
| Minimum Watts | 2 powered / 13 self-powered |
| Minimum RPM | 10 powered / 25 self-powered |
| Assembled Dimensions | 146.8 x 65.4 x 156.8 / 57.8" x 25.7" x 61.7" |
| Max User Weight | 182 kg / 400 lbs. |
| Assembled Weight | 92.2 kg / 220 lbs. |
| Shipping Weight | 102 kg / 224.9 lbs. |

WARRANTY

| | |
|---|-------------|
| Frame | 7 years |
| Generator | 5 Years |
| Parts & Labor | 3 years CAP |
| Wear Items (iPod® Cable, USB Port, Headphone Jack, Battery) | 90 days |

**Ventilated Ergo Form™ Seat**

Custom designed seats provide right balance of support and air flow for a cooler and more comfortable workout.

**One-hand Seat Adjustment**

Simple and intuitive one-hand adjustment allows quick fine-tuning of ride height.

**Integrated Transport Handle and Top-down Levelers**

Handle is readily visible and easily accessible for moving around the room. Top-down adjustments simplify leveling after installation, maintenance or regular use.

"Made for iPod®" means that an electronic accessory has been designed to connect specifically to iPod® and has been certified by the developer to meet Apple performance standards. Apple is not responsible for the operation of this device or its compliance with safety and regulatory standards. iPod® is a trademark of Apple Inc., registered in the U.S. and other countries.