R3x Recumbent Cycle

MATRIX

Simple LED Console Display
LED console display is easily navigated by users at all experience levels.

Consistent Seat Numbering
Seat height identification shared among platforms for easy identification of user setting.

Step-thru Entry
Step-thru design allows easy access to the workout position.

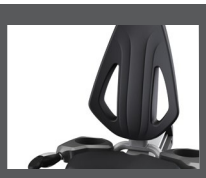
FEATURES	
Contact & Telemetric HR	Yes
Handlebar Design	Seat side and front ergo bend
Integrated Arm Rests	Yes
Remote Buttons	Yes
Ethernet Port	Yes
Bottle Holder	No

CONSOLE	
Display Type	14-segment alphanumeric, 8 x 16 LED graphic display
Display Feedback	Time, Distance, Calories, Calories per Hour, Level, Speed, RPM, Heart Rate, METS, Watts, Profile
User-defined Multi-language Display	No - Accessible through manager menu: English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish
Resistance Range	1 - 30
Workouts	Manual, Rolling Hills, Target HR, Interval Training, Constant Watts, Fat Burn, Fitness Test, Random
CSAFE Ready-FitLinxx™ Certified	Yes
Netpulse Compatible	Yes
FitTouch™ Technology	No
Instant On Technology	Yes
One-button Start	Yes
On-the-fly Program Change	Yes
Integrated Vista Clear™ Television Technology	No
FITCONNEXION™ Ready	No
WiFi	No
Multimedia Playback	No
iPod® Compatible	No
Nike + iPod® Compatible	No
Personal Fan	No
USB Port	No
Virtual Active™ Compatible	No
Asset Management Compatible	No
Web Connectivity	No
Facility Communication Portal/Calendar	No
Pause Function	Yes
Reading Rack	Yes

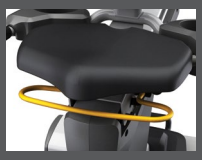
RESISTANCE SYSTEM	
Resistance Technology	Brushless generator

TECH SPECS	
Crank Design	Three piece with forged arms
Power Requirements	Self-powered / powered 100v-240v - 50/60Hz AC
Minimum Watts	2 powered / 13 self-powered
Minimum RPM	10 powered / 25 self-powered
Assembled Dimensions	150.3 x 65.4 x 140 / 59.2" x 25.7" x 55.1"
Max User Weight	182 kg / 400 lbs.
Assembled Weight	87.5 kg / 192.9
Shipping Weight	99.7 kg / 219.7 lbs.

WARRANTY	
Frame	7 years
Generator	5 years
Parts & Labor	3 years CAP
Wear Items (iPod® Cable, USB Port, Headphone Jack, Battery)	90 days



Ventilated Ergo Form™ Seat
Custom designed seats provide right balance of support and air flow for a cooler and more comfortable workout.



One-hand Seat Adjustment
Simple and intuitive one-hand adjustment allows quick fine-tuning of ride height.

Integrated Transport Handle and Top-down Levelers
Handle is readily visible and easily accessible for moving around the room. Top-down adjustments simplify leveling after installation, maintenance or regular use.